

# RSL NSW Coffs Harbour

Issue 227 Dec 2024

#### 2024 Executive

#### **President:**

John Lloyd 0438 325 205

# Hon. Secretary:

vacant

#### Hon. Treasurer:

Garry Heskett QBE 0414 512 302

#### **Asst Treasurer:**

Margaret Black

#### **Vice Presidents:**

Garry Heskett QBE lan Johnston

#### **Asst Secretary:**

Joaly McBaron

#### **Visitation Team:**

Rev. Dr. Graham Whelan OAM Ray Squires

#### Indigenous Liaison Officer

vacant

# Cenotaph Custodian:

Paul Bamford Jnr.

#### **Office Hours:**

#### Mondays:

10.00 am-12.05 pm. Other times by appointment.

#### Thursdays:

Office meetings by appointment.

# The ChargeSheet

The Coffs Harbour RSL sub-Branch Inc. Newsletter



Email: coffs-harbourSB@rslnsw.org.au | Ph: 0423 418 651

Website: <a href="https://cex.com.au/community/rsl-sub-branch/">https://cex.com.au/community/rsl-sub-branch/</a>







# **sub-Branch Newsletter Highlights**

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# **Latest Happenings**

9am Coffs Jetty Walk & BBQ Vets family kids friends

Fri 13<sup>th</sup> December

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Thu 12 <sup>th</sup> , 19 <sup>th</sup> 26 <sup>th</sup> Dec	Coffee@Cex 10.00AM	All invited	
Thu 2, 9, 16, 23,30 Jan	Coffee@Cex 10.00AM	All invited	
Sat 21st December	<b>General Meeting 10.25AM</b>	followed by:	
Sat 21st December	<b>Christmas Luncheon in the Blue Room at 12 Noon</b>		
Mon 23 <sup>rd</sup> December	Office closed till 13th January		
Thu 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> Jan	Coffee@Cex 10.00AM	All invited	
Sat 18 <sup>th</sup> January 2025	<b>General Meeting 10.25AM</b>		

**Quote:** "The true soldier fights not because he hates what is in front of him, but because he loves what is behind him." **G. K. Chesterson** 



# Coffs Harbour sub-Branch Christmas Luncheon

Our Christmas Party tickets are now on sale.

Tickets: Members and partners: \$46.00. Visitors \$66.00

Free drinks on arrival. Prawns and lamb/chicken skewers for entrée.

Traditional Christmas dinner of ham, chicken, pork, pasta, mixed salads and, of course, desserts.

Please advise any special dietary needs to me ASAP.

The dinner will be held in The Blue Room following our December general meeting on

# Saturday 21st December.

Doors open 12 noon.

Please book and pay for your tickets at the Vernon Street reception desk ASAP so that we can advise catering. We'd love to see a big roll-up of Members, Partners, Family, Friends etc.

Any problems, or anyone wanting to bring children/grandchildren along,

please let me know.

Best wishes and a Merry Christmas to all

John Lloyd President M: 0438 325 205 Coffs-HarbourSB@rsInsw.org.au

R.S.V. P. 16th Dec

#### **Sub-Branch Administration.**

#### **Coffs Coast Veteran and Family Wellbeing Centre**

Founding member of the Veterans Wellbeing Network MNC, the Centre's advocates and wellbeing support officers are authorised to lodge your claims for DVA entitlements, link you with wellbeing service providers and advocate on your behalf. Getting support is simple, secure, and online through:

https://www.vcmnc.org.au/veteran-and-family-triage/

**Location:** 4 Scarba St, Coffs Harbour (Inside Legacy Op Shop)

Phone: 02 6521 8108 | Email: contact@vwnmnc.org.au

### **Coffs RSL Sub-branch Inc. Meetings**

#### **Monthly General Meetings:**

Monthly General Meetings: held on the 3<sup>rd</sup> Saturday of the month at 10.25 am.

Location: C.ex Coffs Club Vista Lounge Function Room, followed by lunch in the

Bistro. Partners always welcome.

**2024: 21**st **Dec.** (followed by Christmas Luncheon in the Blue Room at 12 Noon.)

2025: 18<sup>th</sup> Jan, 15<sup>th</sup> Feb, 15<sup>th</sup> Mar, 19<sup>th</sup> April (ANZAC Day Fri 25<sup>th</sup> April).

### **Member's Admin Support Levy**

In their Strategic Plan 2020-2026, RSL NSW waived Annual Membership Fees.

Our sub-Branch has introduced a Member's Voluntary Admin Support Levy for the coming years to assist with our operating costs.

The Members Voluntary Admin Support Levy of \$15 falls due on the 31<sup>st</sup> of December each year.

Members' Payments may be paid directly to our BCU Account as below:

**A/C name:** Coffs Harbour RSL sub-Branch Inc. | **BCU BSB:** 533 – 000

A/C number: 3285 6268 (Please include your name and description)

Payments can also be made using our 'Tap-n-go' electronic swipe card facility.

#### **Veterans Assistance**

Open Arms Veterans and Families Counselling service.
Open Arms is available 24/7 on 1800 011 046 or visit OpenArms.gov.au.
Veteran care is the mission of RSL LifeCare. https://rsllifecare.org.au/home-care/department-of-veteran-affairs/ PH: tel:1300 853 146

#### **Regular sub-Branch Activities**

#### Coffee@C.ex – Every Thursday at 10.00 AM.

Members gather for coffee and enjoy a chat, tell stories, embellished, exaggerated and educational. Join us for convivial, but rarely contentious, discussions and recollections.

**Location:** Vista Lounge, C.ex Club. Partners, visitors, visiting Veterans, all welcome.

# Next Walk: Friday 13th Dec.

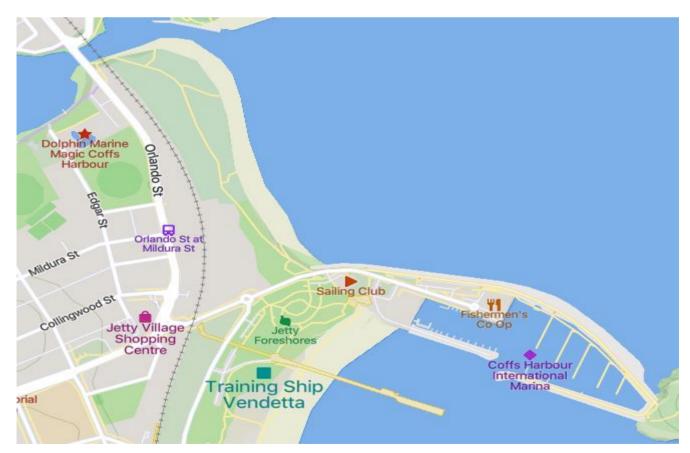
A family friendly walk and BBQ on the Jetty foreshores at the Navy Cadets HQ – HMS Vendetta. A very easy 3+ kms walk.

Meet at the Navy Cadets HQ in the new Vendetta community building south of the jetty walkway.

Step off at 9.00AM. proceed across the rail line to the Jetty shops and travel along Edgar St. Proceed to Coffs Ck. Cross over to Orlando St and walk south on the footpath to the North Breakwell pathway.

Proceed to Mutton Bird Island and return via lower pathway past the Fishing Co.op to the Surf Club; then via beach-side pathway to the Jetty and the BBQ site in front of the Navy Cadets HQ – HMS Vendetta.

Enjoy a BBQ and swim in the early afternoon. BBQ: gold coin donation. Drinks: \$2.50.



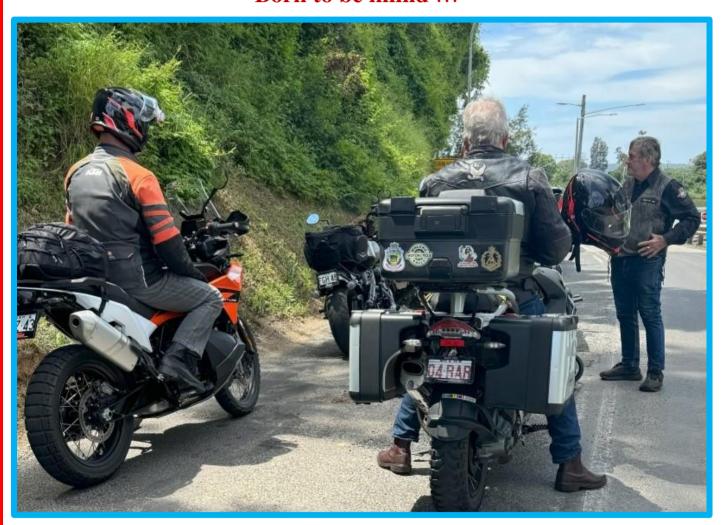
We'll publish an Info Sheet and map for full details. Collect at 'Coffee@Cex' on Thursdays or from the office.

### Lawn Bowls Group -Last Friday of the Month.

**Friday 27<sup>th</sup> Dec** Join us at 10:00 AM for a few ends on the Cex Greens. Talent is admired; but not necessary. Complete the morning with some cool drinks or coffee in the Club. Cost \$5 per player.

Open to all Veterans and their family et.al.

"Brrrmm .. Brrrmm ..
Headin' down tha highway
Tryin' ta 'void dementia
Born to be miiild ... "



## **Coffs Vets Motorcycle Riders Group**

**Last Ride:** Thursday 24<sup>th</sup> October an overnighter to Ballina Museum with dinner at Ballina.RSL Club and Visit to Navy Museum.

Next Ride? good question, any ideas? Interested riders are requested to advise Garry Heskett – M: 0414 512 302. More later.

# **Corn Corner**

It's OK to talk to yourself...and ok to answer yourself. But sad when you have to repeat what you said because you weren't listening!! Kinda funny how being old doesn't seem that old now that i am old.

Kinda funny how being old doesn't seem that old now that i am old. I accidentally
swallowed some
Scrabble tiles and now
I'm experiencing
constant vowel
movements. The next
trip to the bathroom
could spell disaster.

**Did You Know?** 



Line dancing was started by women waiting to use the bathroom.

So when is this
'old enough to
know better'
suppose to kick
in?

# sub-Branch News & Updates



Vale:

We will Remember them.

**Lest We Forget** 

# **Next BBQ:**

A vets, family & friends fun day on Friday 13<sup>th</sup> December following our 9.30AM Walk. Gold coin donation. Bring the kids and have an easy walk followed by a swim.

Please advise John Lloyd (0438 325 205) if you're attending so that we can cover our catering needs.

#### **Save The Date**

**WWII 80th Anniversary Charity Concert** 

by The Clarence Valley Orchestra Chorus.

Sat. 26<sup>th</sup> Apr 2025 at 2:00pm at Woolgoolga Sports Complex – Solitary Islands Way.

More Info as the date approaches.



# Let us Remember Christmas -Christ Jesus' Birthday



Blessed Christmas



Joyous New Year

#### **OLD TESTAMENT - Truths Pointing to Jesus Coming...**

Therefore, the Lord himself will give you a sign: The virgin will be with child and will give birth to a son and will call him Immanuel.

(Isaiah 7:14) (c 700 BC).

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace. Of the increase of his government and peace there will be no end. He will reign on David's throne and over his kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the Lord Almighty will accomplish this. (Isaiah 9:6-7) (c &00 BC).

A shoot will come up from the stump of Jesse; from his roots a Branch will bear fruit. The Spirit of counsel and of power, the Spirit of knowledge and of the fear of the Lord. He will not judge by what he sees with his eyes or decide by what he hears with his ears; but with righteousness he will judge the needy, with justice he will give decisions for the poor of the earth. He will strike the earth with the rod of his mouth; with the breath of his lips, he will slay the wicked. Righteousness will be his belt and faithfulness the sash around his waist. (Isaiah 11:1-5) (c 700 BC) (cf Revelation 19) (AD 95).

"The time is coming," declares the Lord, "when I will make a new covenant with the house of Israel and with the house of Judah. It will not be like the covenant I made with their forefathers when I took them by the hand to lead them out of Egypt, because they broke my covenant, though I was a husband to them," declares the Lord. "This is the covenant I will make with the house of Israel after that time," declares the Lord. "I will put my law in their minds and write it

on their hearts. I will be their God, and they will be my people" (Jeremiah 31:31-33) (c 600 BC).

"But you, Bethlehem Ephrathah, though you are small among the clans of Judah, out of you will come for me one who will be ruler over Israel, whose origins are from of old, from ancient times." (Micah5:2) (c 700 BC).

"See, I will send my messenger, who will prepare the way before me. Then suddenly the Lord you are seeking will come to his temple: the messenger of the covenant, whom you desire, will come," says the Lord Almighty. "See, I will send you the prophet Elijah before that great and dreadful day of the Lord comes. (Malachi 3:1, 4:5) (c 430 BC).

The Messenger (Elijah) is John the Baptist to prepare the way for Jesus and His New Covenant.

#### NEW TESTAMENT .... Jesus is born...

This is how the birth of Jesus Christ came about: His mother Mary was pledged to be married to Joseph, but before they come together, she was found to be with child through the Holy Spirit. Because Joseph her husband was a righteous man and did not want to expose her to public disgrace, he had in mind to divorce her quietly. But after he had considered this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. She will give birth to a son, and you are to give him the name Jusus, because he will save his people from their sins." All this took place to fulfill what the Lord had said through the prophet: "The virgin will be with child and will give birth to a son, and they will call him Immanuel" – which means," God with us." (Matthew 1:18-23).

Jesus' birth paved the way for the Father to bring to His world His Son's eternal authority. This authority He gave to His Son Jesus.

Christmas is that special time when we celebrate the festive side with family and friends and with decorative lights on Christmas trees and homes. Lights illuminate the darkness. But this reminds me of a different kind of darkness – the darkness of the human story – with its wars and greed which result often in helplessness, hopelessness, pain and sadness.

Jesus gives light to our darkness:

"When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." (John 8:12)

On our own we had no way to get back to Almighty God – no road to walk, no bridge to cross, no ladder to climb to Heaven. Almighty God made a way – the way:

"Jesus answered, I am the way and the truth and the life. No one comesto the Father except through me." (John 14:6).

At Christmas many people still see Jesus as a baby and helpless. Jesus grew to manhood and the Father gave Him all eternal authority:

"The one who comes from above is above all; the one who is from earth belongs to the earth and speaks as one from the earth. The one who comes from heaven is above all. He testifies to what he has seen and heard, but no one accepts his testimony. The man who has accepted it has certified that God is truthful. For the one whom God has sent speaks the words of God, for God gives the Spirit without limit. **The Father loves the Son and has placed everything in his hands.** Whoever believes in the Son has eternal life, but whoever rejects the Son will not see life, for God's wrath remains on him." (John 3:31-36).

My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one can snatch them out of my hand. My Father, who has given them to me, is greater than all; no one can snatch them out of my Father's Hand. I and the Father are one." (John 10:27-30).

"Then Jesus came to them and said, "All authority in heaven and on earth has been given to me." (Matthew 28:18)

Jesus came to save, that we may be with Him now and for all eternity.



Blessings - Padre Rev. Dr Graham Whelan OAM

# **Member Clothing**

The sub-Branch Committee has organised several items as part of our sub-Branch 'identity' and as part of the RSL NSW Branch.

The Committee has arranged for a local supplier to maintain and enhance the sub-Branch's connection with the Coffs Coast community.

Supplier: 'Wear It!' (Speak to Tanya)

Address: 1/21 Isles Drive, Coffs Harbour

Contact: Ph. 6652 8211

If you would like to obtain any items:

- to ensure correct sizing make your way to 'Wear It!' and try on some items.
- O order what you want with Tanya.
- let the office know that you have made an order.
- when it arrives, you can pay for it via the Secretary or Treasurer

We are now resourcing women's versions of these items.



L/S Shirt - Est. \$55.00



S/S Shirt - Est. \$53.00



L/S Rugby - Est. \$44.00



s/s Polo - \$22.00



Jacket - \$133.00

#### **Lawn Care & Maintenance Services**

Contact Chris Dooley at Empire Lawn Care & Maintenance M: 0429 073 192



#### **Buying, Selling, Looking to Rent?**

for Real Estate Needs. Contact

# Greg Renet





Licensed Real Estate Agent

Q 0411 121 579 greg.renet@atrealty.com.au



#### **Health and Fitness HOYS ALLIED HEALTH + Wellness**

Physiotherapy • Exercise Physiology • Dietetics & Nutrition • Remedial Massage • Occupational Therapy • Core & Exercise Classes • Hydrotherapy • Radial Shock Wave Therapy • Women's Health

Visit: Coffs Harbour Jettv

Shop 9, Jetty Village Shopping Centre

Coffs Harbour NSW 2450

Call: 02 6652 7355

Online: hoyshealth.com.au

# **Vehicle Body Repairs** MINOR DENTS AND SCRATCHES? Give Lyle DENSTEN a ring on 0411 506 514.

Lyle is a Vietnam Veteran with a small motor vehicle repair hobby shop for his Veteran & Vintage car maintenance activity that keeps him sane & happy. Lyle is more than happy to assist with small scratches, dents & scrapes repairs for our members.

#### **Motor Vehicles**

A locally owned and operated company, committed to the Coffs Coast Community



TPI/Korean War Veterans can receive a National Fleet Discount on all New Hyundai vehicles. Coffs Harbour Hyundai call us on: 02 6652 1933

192-196 Orlando Street, Coffs Harbour Coffsharbourhyundai.com.au



#### Coffs Park Beach Plaza



# ADVANCED MECHANICAL SERVICES COFFS HARBOUR

Unit 6/163 Orlando Street, Coffs Harbour. NSW. 2450. (M) 0431 231 920

# COAST TO VALLEY EARTHWORKS NO NEED TO DEBATE, CALL ME TO EXCAVATE

Contact: BRADEN 0432 597 626 E: admin@c2vearthworks.com or braden@c2vearthworks.com







