

**WEDNESDAY 22 JUNE 2022 • 6PM - 8AM** 

C.ex COFFS INTERNATIONAL STADIUM STADIUM DRIVE, COFFS HARBOURS NSW 2450

## **PURPOSE**

The Sleep Out endeavours to raise awareness and much needed funds to improve the homelessness situation in the Coffs Coast Community.

### WHO CAN COME

The event is open to people aged over 12 years. Each participant (adult or child) will need to register. Those under the age of 18 must be accompanied by a parent or guardian (1 parent/guardian per 4 children)

# **FUNDRAISING**

Upon registering to participate in the event you are redirected to our online fundraising platform where you can create your individual or team fundraising page. You will also be provided with a donation tally sheet should you receive cash or cheque donations.

## WHAT TO BRING

Participants will need to bring a sleeping bag or blanket, a pillow and any cash and cheque donations. A large cardboard box will be available which can be used as a sleeping mat, alternatively you may bring a yoga or exercise mat.

You'll need to wear warm clothes including enclosed footwear.

#### **FOOD AND DRINK**

The C.ex Community Crew will provide the evening meal, a light breakfast and hot drinks will be available throughout the entire evening. Participants cannot bring their own food or drink into the event. This is an alcohol and drug free event.

#### WHERE DO THE DONATIONS GO

100% of all funds raised will be distributed equally between our local welfare charity partners.

